

High School Lunch

IST MEAL FREE FOR ALL STUDENTS

LIMITED VARIETIES MAY BE AVAILABLE 2ND MEAL \$4.25

Bosco Cheese Sticks

Variety of Burritos

Chicken Nuggets / Tenders

Chicken Sandwich

Macaroni & Cheese

Handmade Flatbread

Handmade Pasta Bowl

Handmade Rice Bowl

Variety of Vegetarian Options

Hot Wings with Baked Fries

Pick Up Stix

Papa John's Pizza

Popcorn Chicken

Specialty Burgers

Specialty Handmade Salad

Specialty Handmade Sandwich

Specialty Handmade Wrap

Specialty Quesadilla

1 MEAL INCLUDES:

1 Entree

1 Cup of Fruit

1 Cup of Vegetables

1 Milk

*Students must take at least 1/2

Cup fruit or vegetable with a meal.

MUST CHOOSE 1:

Assorted Fresh Fruit Baby Carrots

Seasonal Fruit Corn

Canned Fruit

Tomatoes

100% Fruit Juice

Cucumbers

Raisins / Craisins

Shelled Edamame

Baked Fries Seasonal Vegetables

Menu subject to change without notice. This institution is an equal opportunity provider.

www.iusd.org/nutrition