

- 2023 -

NOVEMBER

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

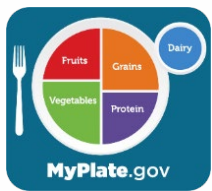
Elementary School Lunch Menu

FIRST MEAL FREE FOR ALL STUDENTS

2nd Meal Price: \$3.25
Milk a la carte: \$0.50
Juice a la carte: \$0.75






Students may select one item from each color group per day and **MUST** select a fruit or vegetable:

- One entrée = protein + grain
- A selection of vegetables
- A selection of fruit or 100% Fruit Juice
- 1% white or non-fat chocolate milk are offered



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This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| | | 1 Spaghetti & Beef Meat Sauce GF Bean & Cheese Pupusa V Assorted Sandwiches Fresh Side Salad Baby Carrots Fruit Milk | 2 Beef Pepperoni Pizza Pocket Cheesy Pull-Apart Bread V Assorted Sandwiches Sliced Cucumbers Tomatoes Fruit Milk | 3 Loaded Cheeseburger Sliders Yogurt, Muffin & String Cheese V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk |
| 6 Crispy Chicken Poppers Artisan Dinner Roll Grilled Cheese Sandwich V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk | 7 Classic Hamburger Cheese Pizza Crunchers V Assorted Sandwiches Sweet Corn Niblets Tomatoes Fruit Milk | 8 Beef Rib-B-Que Sandwich Galaxy Cheese Pizza V Assorted Sandwiches Fresh Side Salad Baby Carrots Fruit Milk | 9 Beef Fiestada Wild Mike's Cheezy Bites V Assorted Sandwiches Sliced Cucumbers Tomatoes Fruit Milk | 10  |
| 13 Chickenless Soy Nuggets V Artisan Dinner Roll Wild Mike's Cheese Pizza V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk  | 14 Chicken Corn Dog Macaroni & Cheese V Assorted Sandwiches Sweet Corn Niblets Tomatoes Fruit Milk | 15 BBQ Teriyaki Chicken & Rice Cheese Quesadilla V Assorted Sandwiches Fresh Side Salad Baby Carrots Fruit Milk | 16 Classic Cheeseburger Cheese Pizza Boli V Assorted Sandwiches Sliced Cucumbers Tomatoes Fruit Milk | 17 Beef Taco Roll Up Yogurt, Muffin & String Cheese V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk |
| 20 Orange Chicken & Rice Galaxy Cheese Pizza V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk | 21 Chicken Tenders Artisan Dinner Roll Mini Pancakes & Cheese V Assorted Sandwiches Sweet Corn Niblets Tomatoes Fruit Milk | 22  | 23  | 24  |
| 27 Chickenless Soy Nuggets V Artisan Dinner Roll Cheese Quesadilla V Assorted Sandwiches Shelled Edamame Baby Carrots Fruit Milk  | 28 Beef Teriyaki Dunkers & Rice Grilled Cheese Sandwich V Assorted Sandwiches Sweet Corn Niblets Tomatoes Fruit Milk | 29 Mini Chicken Corn Dogs Macaroni & Cheese V Assorted Sandwiches Fresh Side Salad Baby Carrots Fruit Milk | 30 Classic Hamburger Wild Mike's Cheezy Bites V Assorted Sandwiches Sliced Cucumbers Tomatoes Fruit Milk | |