

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

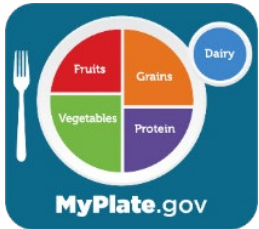
THURSDAY

FRIDAY

Elementary School Lunch Menu

FIRST MEAL FREE FOR ALL STUDENTS

2nd Meal Price: \$3.25
Milk a la carte: \$0.50
Juice a la carte: \$0.75



Students may select one item from each color group per day and MUST select a fruit or vegetable:

- One entrée = protein + grain
- A selection of vegetables
- A selection of fruit
- 1% white or non-fat chocolate milk are offered



2

Crispy Chicken Poppers
Artisan Dinner Roll
Grilled Cheese V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

3

Classic Hamburger
Cheese Pizza Crunchers V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

4

Beef Rib-B-Que Sandwich
Galaxy Cheese Pizza V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

5

Beef Fiestada
Wild Mike's Cheezy Bites V
Assorted Sandwiches
Sliced Cucumbers
Tomatoes
Fruit
Milk

6

Chicken Double Dogs
Mini Pancakes & String Cheese V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

9

MEATLESS MONDAY
Chickenless Soy Nuggets V
Artisan Dinner Roll
Wild Mike's Cheese Pizza V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

10

Chicken Corn Dog
Macaroni & Cheese V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

11

BBQ Teriyaki Chicken & Rice
Cheese Quesadilla V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

12

Classic Cheeseburger
Cheese Pizza Crunchers V
Assorted Sandwiches
Sliced Cucumbers
Tomatoes
Fruit
Milk

13

Beef Taco Roll Up
Yogurt, Muffin & String Cheese V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

16

Staff Development Day

17

Chicken Tenders
Artisan Dinner Roll
Bean & Cheese Burrito V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

18

Chicken Double Dogs
Cheese Pizza Boli V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

19

Spaghetti & Beef Meat Sauce
Cheesy Pull Apart Bread V
Assorted Sandwiches
Sliced Cucumbers
Tomatoes
Fruit
Milk

20

Cheeseburger Sliders
French Toast & String Cheese V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

23

MEATLESS MONDAY
Chickenless Soy Nuggets V
Artisan Dinner Roll
Cheese Quesadilla V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

24

Beef Teriyaki Dunkers & Rice
Grilled Cheese V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk

25

Mini Chicken Corn Dogs
Macaroni & Cheese V
Assorted Sandwiches
Fresh Side Salad
Baby Carrots
Fruit
Milk

26

Classic Hamburger
Wild Mike's Cheezy Bites V
Assorted Sandwiches
Sliced Cucumbers
Tomatoes
Fruit
Milk

27

Chicken Patty on a Bun
Mini Pancakes & String Cheese V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

30

Orange Chicken & Rice
Wild Mike's Cheese Pizza V
Assorted Sandwiches
Shelled Edamame
Baby Carrots
Fruit
Milk

31

Chicken Corn Dog
Cheese Pizza Boli V
Assorted Sandwiches
Sweet Corn Niblets
Tomatoes
Fruit
Milk