

ACTIVE PARENTING OF TEENS



Positive Parenting for Pre-Teens and Teens

Led by *Cheri Wood*

Certified Active Parenting Trainer and Teacher

Being a parent today seems more difficult than ever before, with kids and families facing social and family issues that are far different than in the past. **Active Parenting of Teens** is a **6 week** class that is offered for parents and others. It will help you gain the knowledge and skills needed to provide positive effective parenting with **pre-teens and teens**.

Join us and get the information, strategies, support and skills you need to parent effectively during the pre-teen and teen years.

- ❖ The **most** awarded program in the United States and Europe for Parent Education
- ❖ Instill courage and self-esteem
- ❖ Deal with negativity and anger
- ❖ Develop responsibility at school and in life
- ❖ Win cooperation – reduce power struggles
- ❖ Increase positive communication
- ❖ Learn to problem solve – not punish
- ❖ Help your pre-teen and teen feel capable and competent

Thursday Evenings 6:30 p.m. – 8:30 p.m.

Starts March 21, 2019

**Classes meet at Creekside Education Center on
Harvard and Barranca in Prevention & Intervention
Conference Room (N21)**

Cost \$70 per person/\$85 for couples (EXACT CASH OR CHECK ONLY)
Some scholarships available

Register Ahead – Contact Tracy Larson
Phone: (949) 936-7501 Email: tracylarson@iusd.org