

## ACTIVE PARENTING NOW



### Positive Parenting for Children Ages 2 to 12

Led by **Cheri Wood**

*IUSD Parent Education Specialist and Current Life Skills Teacher*

*Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. After participating in the **6 week** class, you will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life.*

- ❖ *The **most** awarded program in the United States and Europe for Parent Education*
- ❖ *Use effective alternatives to punishment to eliminate power struggles*
- ❖ *Good for children from 2 – 12 years of age*
- ❖ *Increase positive communication, help kids develop responsibility, self-discipline and resiliency*
- ❖ *Teach crucial life skills*

**Wednesday Evenings 6:30 p.m. – 8:30 p.m.**

**Starts February 27, 2019**

***Classes meet at Creekside Education Center on Harvard and Barranca in Conference Room (N21)***

**Cost \$70 per person/\$85 for couples (EXACT CASH OR CHECK ONLY)**

*Some scholarships available*

**Register Ahead – Contact Tracy Larson**

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