ACTIVE PARENTING NOW



Positive Parenting for Children Ages 2 to 12

Led by **Cheri Wood**Certified Active Parenting Trainer

Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. After participating in the <u>3 week</u> class, you will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life.

- The <u>most</u> awarded program in the United States and Europe for Parent Education
- Use effective alternatives to punishment to eliminate power struggles
- ❖ Good for children from 2 12 years of age
- Increase positive communication, help kids develop responsibility, self-discipline and resiliency

Teach crucial life skills

Tuesday Evenings 5:30p.m. – 7:30p.m.

Class Dates:

October 16, 2018

October 23, 2018

October 30, 2018

Classes meet at Meadow Park at El Camino

Cost FREE

OPTIONAL \$20 FEE (EXACT CASH OR CHECK ONLY) FOR TEXT BOOK

Register Ahead – Contact Tracy Larson
Phone: (949) 936-7501 Email: tracylarson@iusd.org