



[Insert Date]

Dear [School Name] Parent/Guardian:

California state law, the California Healthy Youth Act, requires that comprehensive sexual health education and HIV prevention education be provided to students at least once in middle school or junior high school and once in high school, starting in grade 7.

Instruction must encourage students to communicate with parents, guardians or other trusted adults about human sexuality. Instruction must be medically accurate, age-appropriate and inclusive of all students. It must include the following:

- Information about HIV and other sexually transmitted infections (STIs), including transmission, effects on the human body, FDA approved methods to prevent HIV and STIs, and treatment
- Information that abstinence is the only certain way to prevent unintended pregnancy and HIV and other STIs, and information about the value of delaying sexual activity
- Discussion about social views of HIV and AIDS including addressing unfounded stereotypes and myths
- Information about accessing resources for sexual and reproductive health care
- Information about pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, and the newborn safe surrender law
- Information about sexual orientation and gender, including the harm of negative gender stereotypes
- Information about healthy relationships and avoiding unhealthy behaviors and situations including sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and sex trafficking

You can examine written and audiovisual instructional materials at [site location of resources and curriculum; and dates available for review]. If you have questions, please see the teacher or principal. You may request a copy of the California Healthy Youth Act (California Education Code Sections 51930-51939) by contacting the Irvine Unified School District office STEM Department at 949-936-5057.

This instruction will be provided by: [name of health teacher(s) and/or any outside consultants including the name of the organization or affiliation of each guest speaker and the dates of presentation or assembly].

State law allows you to remove your student from all or part of sexual health and HIV prevention education. If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please give a written request to _____ [principal or teacher] by [insert date here]. *Schools are not allowed to permit parents/guardians to ONLY opt out of lessons that are focused on LGBTQ content such as gender identity, gender expression, and sexual orientation; as doing so could be considered discriminatory.*

Sincerely,

[Principal]

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