

Irvine Unified School District High School Lunch Menu

Meal includes: 1 Entrée, 1 Cup Fruit
& 1 Cup Vegetable, 1 Milk

Students **MUST** take at least 1/2 Cup fruit or vegetable with a meal.

\$4.25 Meals

- Pick-Up Stix
- Sandwich World Salads
- Sandwich World Sandwiches
- Specialty Salads
- Wraps
- Hot Wings
- Specialty handmade bowls
- Enchiladas Rice & Beans

\$3.75 Meals

- Bosco Cheese Sticks
- Cheeseburger
- Chicken Nuggets
- Chicken Sandwich
- Chicken Tenders
- Corn Dog
- Hamburger
- Hot Dog
- Papa John's Pizza
- Popcorn Chicken
- Sandwiches
- Yogurt with Bagel or Muffin

Must Choose At Least One:

- Assorted Fresh Fruit
- Seasonal Fruit
- Frozen Fruit Cup
- Canned Fruit
- 100% Fruit Juice (6.75 oz)
- Raisins or Craisins
- Baked Fries
- Mashed Potatoes
- Baby Carrots
- Corn
- Tomatoes
- Cucumbers
- Edamame
- Seasonal Vegetables

Choice of Milk: 1% White or Fat-Free Chocolate
Complimentary Water served with Lunch Meal



A lunch meal is comprised of five food components based on MyPlate. A meal must have 3-5 components. Students must take a 1/2 Cup fruit or a vegetable with a meal.

This is not optional.

Farm to School Organic Produce offered upon availability.

